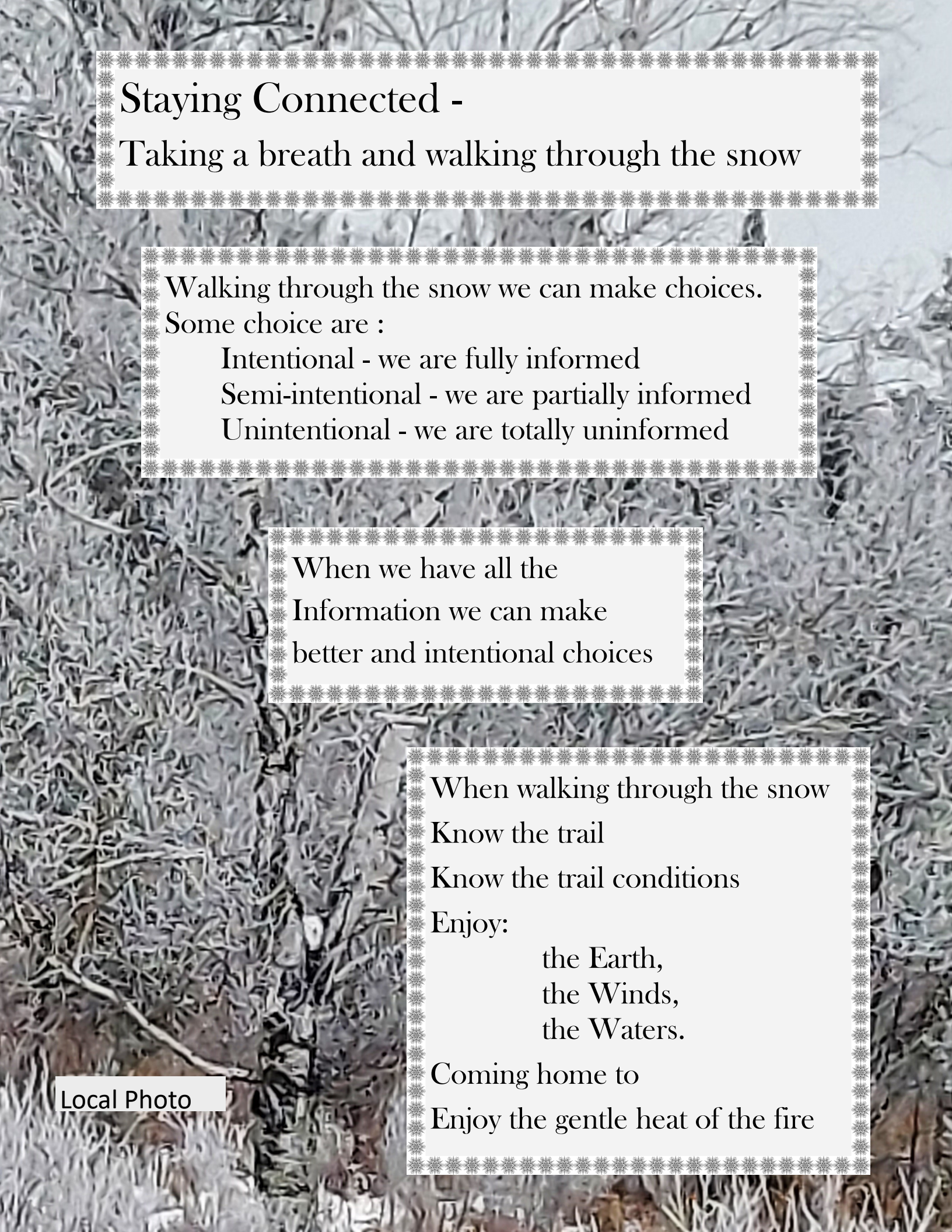




Staying Connected -

Taking a breath and walking through the snow

Walking through the snow we can make choices.
Some choice are :

Intentional - we are fully informed

Semi-intentional - we are partially informed

Unintentional - we are totally uninformed

When we have all the
Information we can make
better and intentional choices

When walking through the snow

Know the trail

Know the trail conditions

Enjoy:

the Earth,
the Winds,
the Waters.

Coming home to

Enjoy the gentle heat of the fire

Local Photo